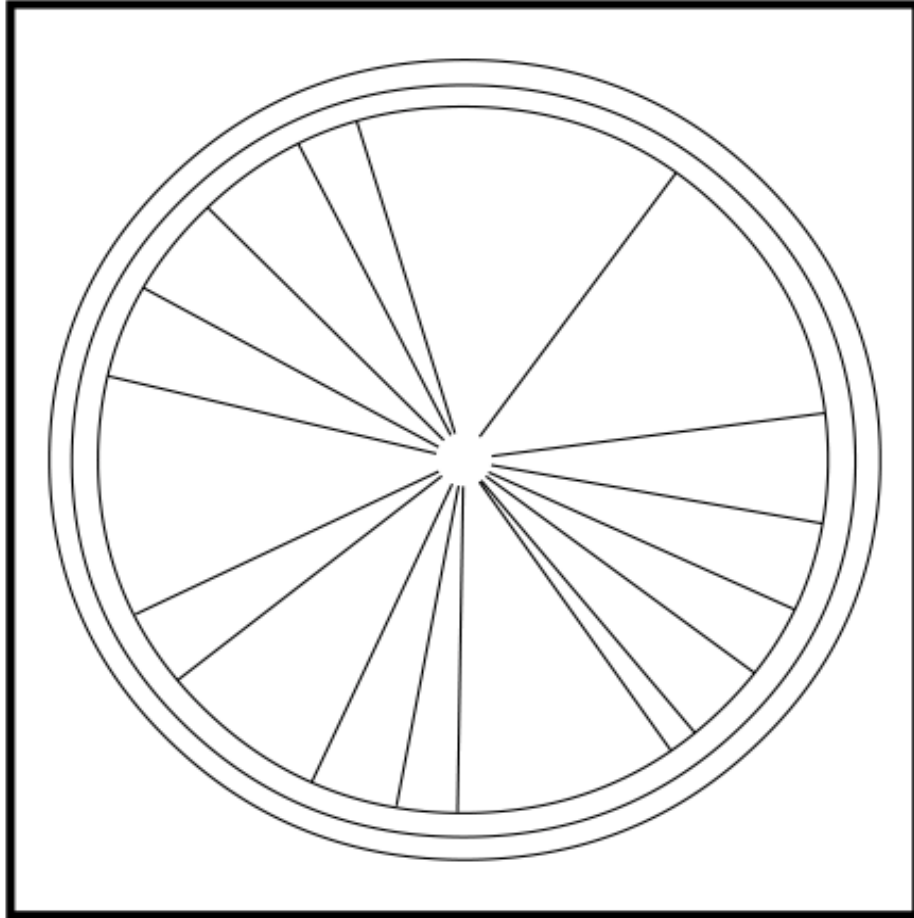


## Vision from the East

The flamingo is a bold and outrageous thinker.  
Nothing is ordinary about his vision or plain in his appearance.



Let him inspire you to stretch beyond your limits and reach for the stars  
while remaining grounded in Mother Earth.

Cut loose from the mundane world.

Your imagination lives outside the boundaries of space and time.  
Use it to look beyond the limits of modern day thinking.

Since time began, humankind has turned eastward toward  
the rising sun to remember Soul's hope every day.

It's time to expand your vision -  
In what ways are you thinking too small?

## **Interview with the Flamingo**

Rheanni Lightwater: Mr. Flamingo, I've always admired your beautiful pink feathers. Can you tell me how they got to be that way?

F. Flamingo: Of course. When the first flamingos came here, we were actually clouds.

RL: Really?

FF: Yes. Have you ever seen clouds when the sun is coming up in the morning?

RL: Sure. That's when they are the most beautiful—all filled with color and light.

FF: Thank you very much. Well anyway, one morning Grandfather Sky asked some clouds if they wanted to see what it was like to live down here on earth and several of the pinkest clouds said, "yes, we want to go on a grand adventure". So they were given wings and beaks and legs and down they came.

RL: That's amazing.

FF: Yes, it truly was. They found they liked the water best, because they could look at their own reflection and see the clouds in the sky at the same time.

RL: One of my friends wanted me to ask you why you stand on one leg?

FF: It is a demonstration of grace and balance. Like the clouds, it's in our nature to defy gravity.

RL: But how do you do it without falling over?

FF: We just relax and think of where we came from—our home in the sky. Whenever we do that, anything is possible.

RL: I'll try to remember that the next time I need to keep my balance. Thank you, Mr. Flamingo.

FF: Don't mention it.

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### **Ask your own questions and gain insights into an issue that concerns you:**

1. What is the most important thing I can do today to live in greater harmony with the earth?
2. Am I relaxed? If not, what can I do that will bring me back into balance?
3. What can I do to expand my experience of joy?

### **Parents and Teachers - here's how to use the totem with your kids:**

This rainforest medicine is especially helpful when you or your kids want to expand your imagination or cultivate your ability to see the bigger picture.

Read the poem and interview with the totem while your kids are looking at the circle itself. It's not important that they make anything of the design or figure anything out. The image is providing structural support in the brain and nervous system for the contents of the message. Just let them take it in and see what happens. There is no right or wrong way to respond to an Intuitive Learning Circle.

You may notice that the mood or atmosphere in the room changes or your kids might comment that the lines move, rotate, pulsate or change colors. That just means that their powers of creativity and common sense are being stimulated. This is all part of the experience, so just encourage them to stay open and follow their imagination.

Once you have finished, allow the energy to settle and then you can talk about the material, color the graph, or make up games.

Physical movement is encouraged to help the kids assimilate what they've learned, so they might pretend to be the mosquito. Mrs. Yamauchi's class makes up little skits and paints the animals. They even have someone be the animal for the day to see if they can emulate its attitudes and behaviors. The possibilities are many, so have fun!

### **About the Author:**

Rheanni Lightwater is a Reiki Master/Teacher and Feng Shui consultant who lives in Albuquerque, New Mexico. The Intuitive Learning Circles and their messages came to her as a result of a journey to the Amazon in the spring of 2001 and are intended to share the teaching she received from the plants and animals. By using the medicine that comes from the plant, animal and nature spirits, we can learn how we can heal our relationship with the earth and each other. If you would like to know more about the Intuitive Learning Circles, call (505) 271-4612 or go to [www.IntuitiveLearningCircle.com](http://www.IntuitiveLearningCircle.com)