

10 Signs
that you have a
Spiritual Attachment

And What To Do About It

Rheanni Lightwater, Medical Intuitive

Hello,

I'm Rheanni Lightwater, a Medical Intuitive, Reiki Master/Teacher and Hypnotherapist and I have developed a special process of working with people over the internet that I call "**Unity in Action**". This process uses symbols, together with long distance healing through Reiki (or Life Energy) and Intuitive Guidance.



I have put together this simple Unity in Action Assessment to help people detect the possibility of having a Spiritual Attachment and if so, helping them to determine what action might be appropriate for them to take.

It may be that you will want to schedule a session with me, and if that is what comes up, please contact me at contact@intuitivelearningcircle.com or call me at (505) 271-4612 between 10:00 am and 4:00 pm MST.

It may be that you are guided to see someone locally or you may intuitively get instructions on how to deal with the situation yourself. The goal is for you to become better informed about what is really happening with you and what will really help.

I hope you find the process helpful and informative.

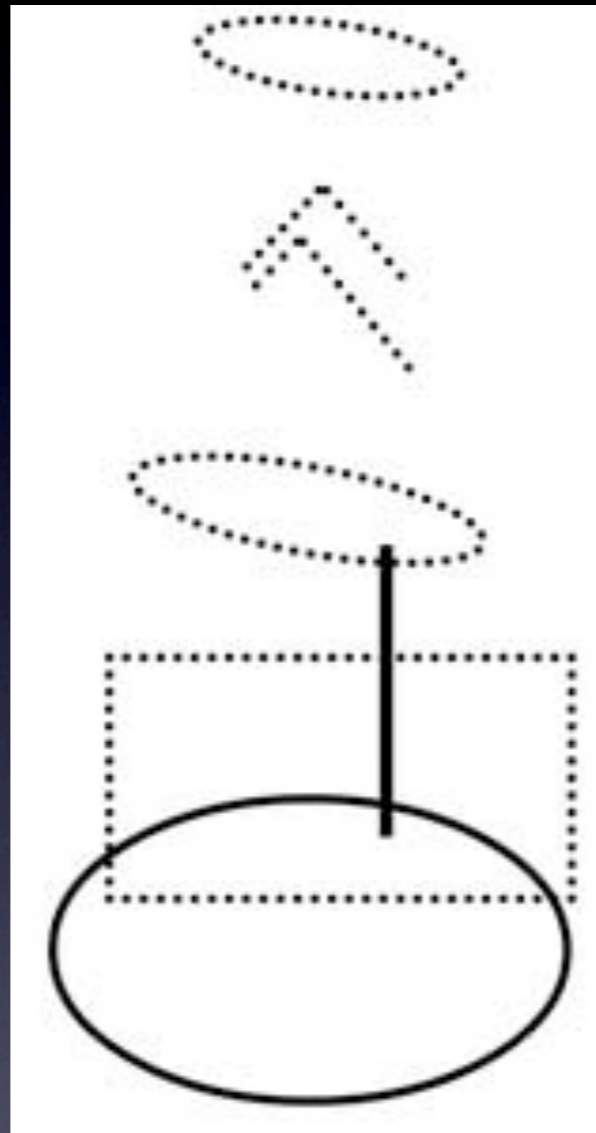
Best regards,

Rheanni Lightwater

Possible Signs of Spiritual Attachment

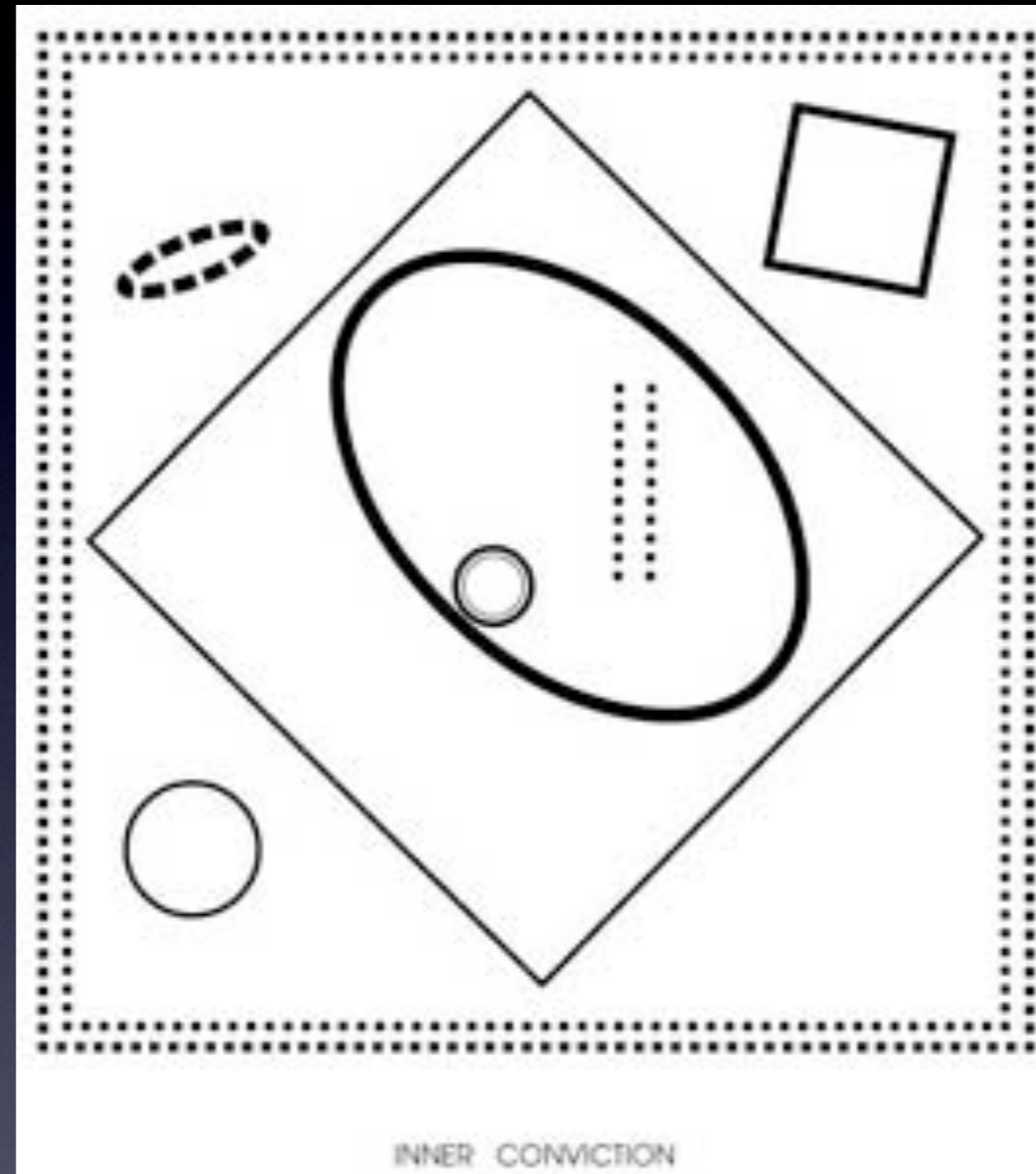
- Sudden changes in personality
- Unexplained changes in health or markings on the body
- A sense of being watched or followed
- Obsessive thinking
- Compulsions to act in ways not normal to the individual
- Feelings of guilt
- Difficulty sleeping
- Feelings of unexplained paranoia or rage
- Unusual thoughts and recurring dreams
- Inability to take actions for one's highest good

Gaze at the symbol below while you breathe deeply.



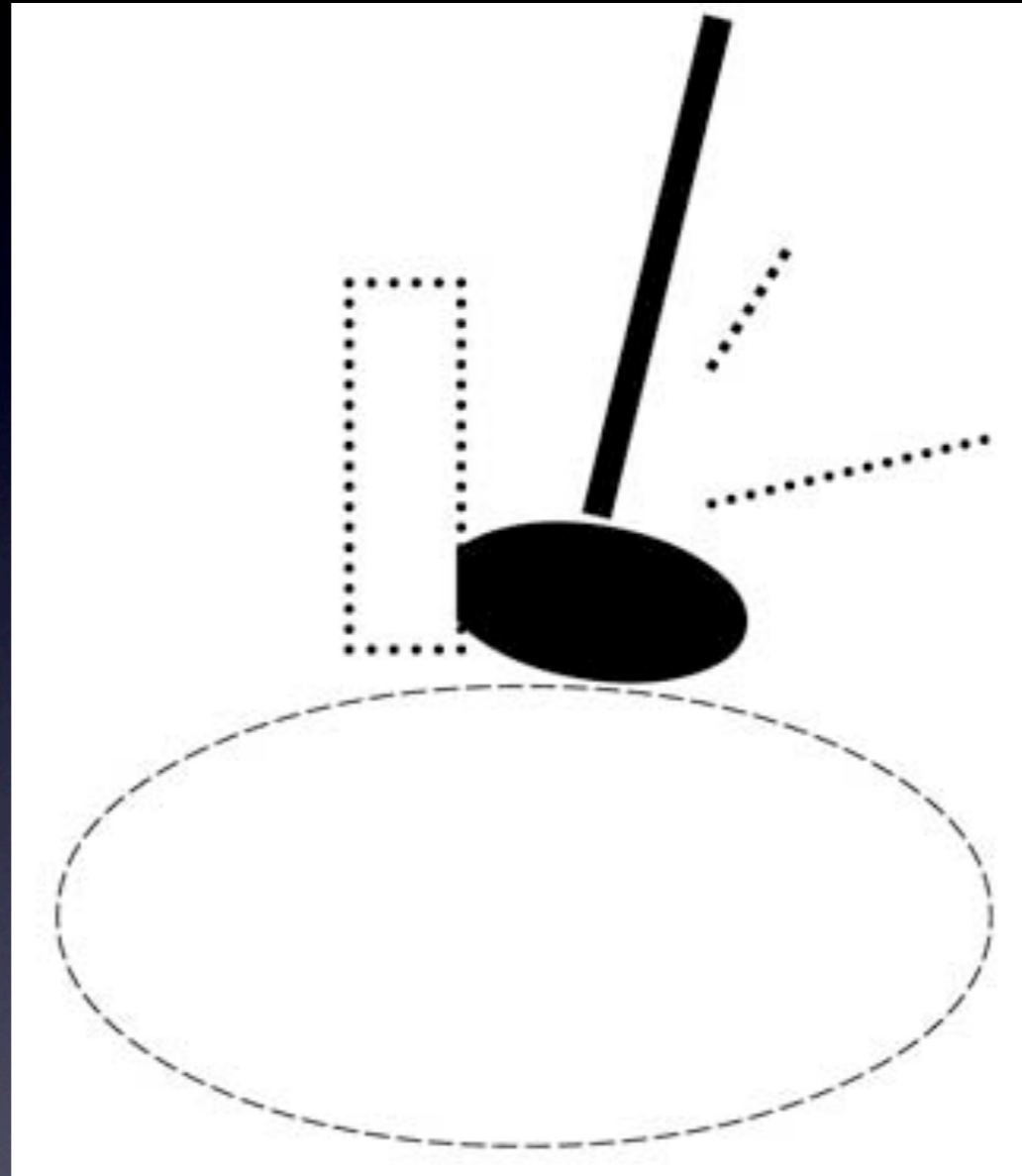
- relax and think about the situation that is troubling you.

How is my energy being affected by this issue?



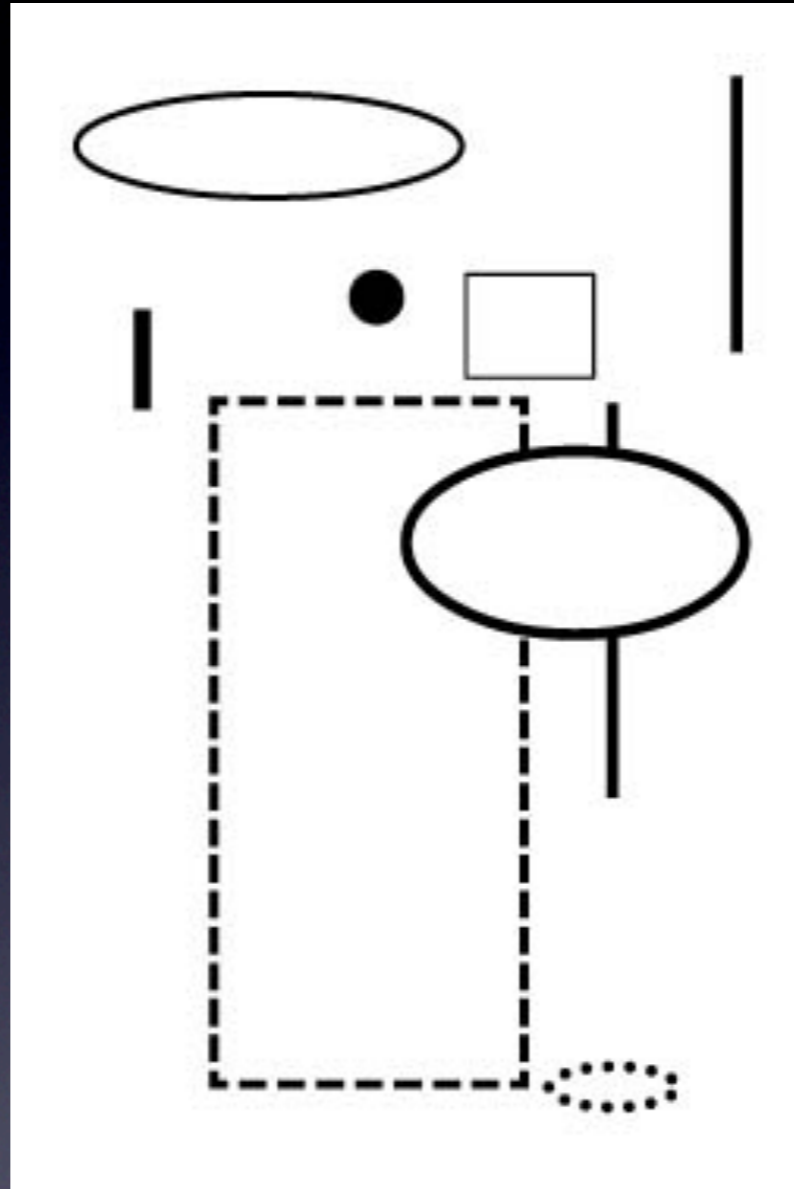
- What are my physical symptoms?

Am I being harmed? If so, in what ways?



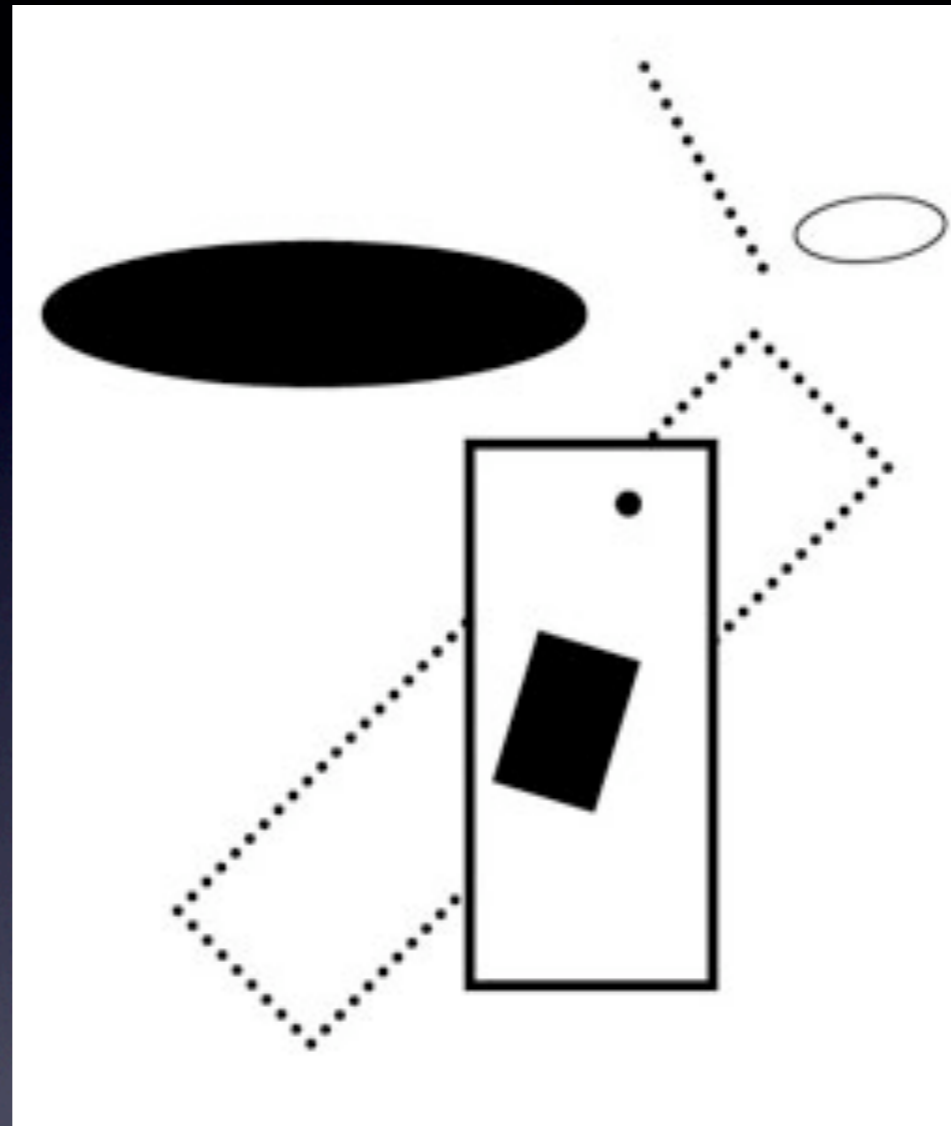
- Do I feel disconnected from myself?

When do my symptoms seem at their worst?

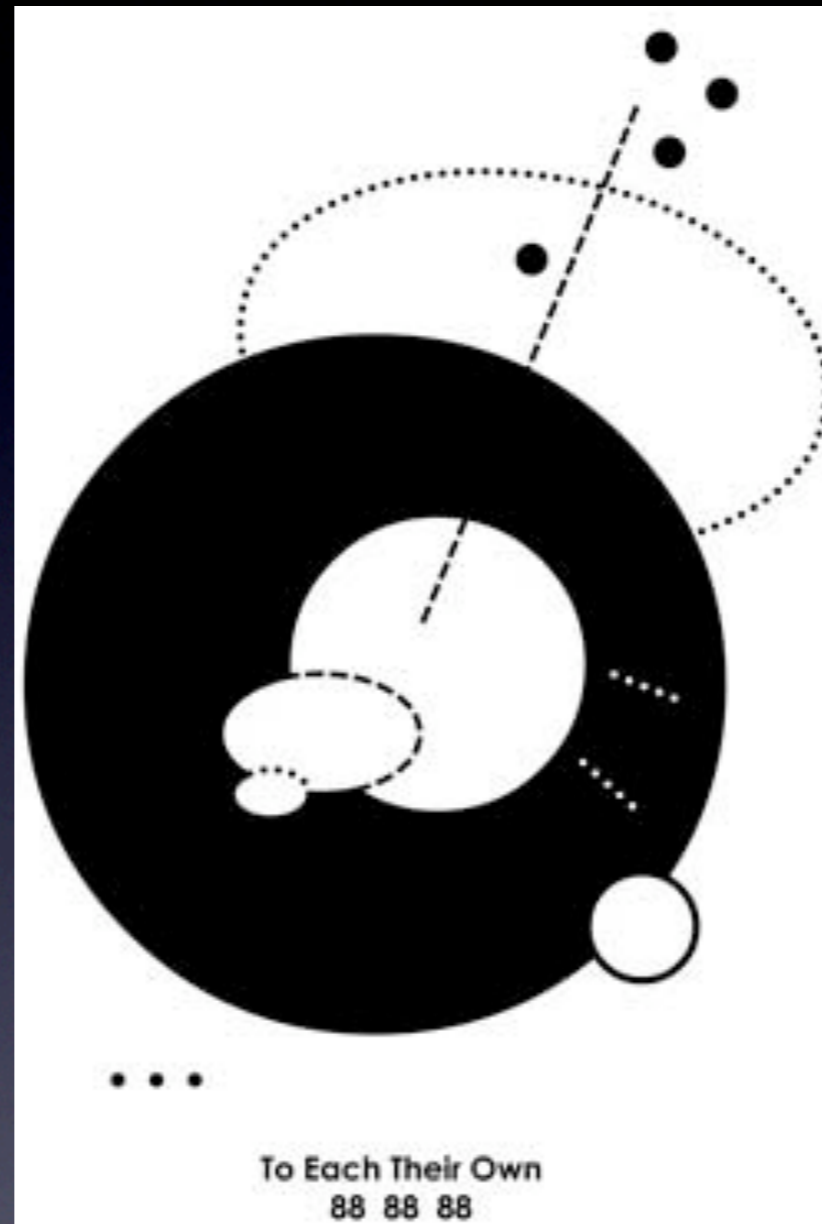


Are there certain activities that trigger them,
Such as sleeping, conflict, or being around certain people?

Am I being affected by something outside of me?

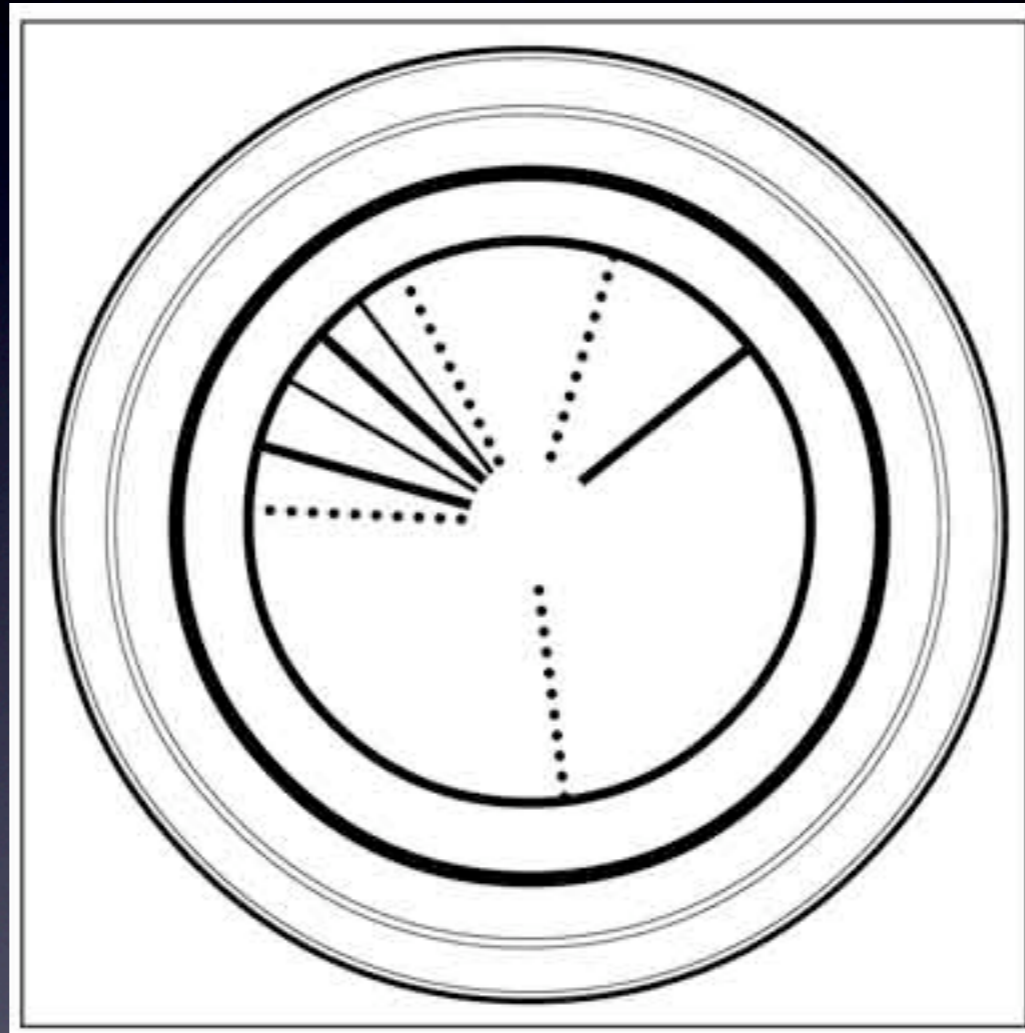


What will be required to set things right?



- Take your time, breathe deeply and gaze gently at this symbol while you consider the situation.

Now that I've had a chance to get a more objective view of my situation, what do I think is my best course of action?



Thank you for using my *Unity in Action Assessment*. For more help, you can call (505) 271-4612.

Rheanni Lightwater